

AAMFT RESEARCH AND EDUCATION FOUNDATION

MINORITY FELLOWSHIP PROGRAM

2020 Doctoral Training Institute



MAY 13 - 16, 2020 | VIRTUAL

The Intentional Practitioner: Culturally Responsive Mental Health
and Substance Use Treatment for Diverse Clients (OR ALL)

Hosted over ZOOM



BUILDING COHORTS TO DELIVER CULTURAL COMPETENCY IN MENTAL HEALTH, AND SUBSTANCE ABUSE SERVICES

THE 2020 MFP-D TRAINING INSTITUTE WILL BE
VIRTUAL

Training Institute Highlights

MFP Fellow Research Project Presentations

MFP Statistical Training # 6

MFP Panel Discussion: The Intentional Practitioner

For more information please log onto the MFP website.

www.aamftfoundation.org

For inquiries, please call: 703-253-0479 or 703-253-0465.

Join the conversation using #AAMFT2020MFP



The 2020 MFP Doctoral Training Institute is funded under grant SM-18-002 through the Minority Fellowship Program, CMS, SAMHSA, US D-HHS.

INTRODUCTION

The AAMFT Foundation celebrates another year of building cohorts to deliver culturally responsive mental health and substance use services. Thus far, there have been over 500 MFP Alumni who are working in the field of MFT, as researchers, teachers, and practitioners.

THEME

The Intentional Practitioner:
Culturally Responsive Mental
Health and Substance Use
Treatment for Diverse Clients
(OR ALL)

LEARNING OBJECTIVES

- A more systemic understanding of the impact of substance abuse on families, relationships, and individuals, especially within historically underrepresented and underserved populations.
- *An increased familiarity with the major cutting-edge issues and research within the field of MFT, substance abuse, and underrepresented and underserved populations.*
- *A clearer vision of how this training will segue to an engagement with service and clinical work with underserved populations of interest to the Fellow.*

MIEP Fellows

BY THE NUMBERS

Building cohorts to deliver culturally responsive
mental health and substance use services

42

Masters Fellows

masters students committed to service provision to the nation's youth as they transition into adulthood (ages 16-25) in racial and ethnic minority populations and underrepresented populations.

25

Doctoral Fellows

doctoral students committed to expanding the delivery of culturally competent mental health and substance use services to racial and ethnic minority populations and underrepresented populations



2020 Doctoral Training Institute (TI) Agenda

The Intentional Practitioner: Culturally Responsive Mental Health and Substance Use Treatment for Diverse Clients (OR ALL)

May 13 - 16, 2020

Date/Time	Program Event	Zoom Link	Presenter(s)/Facilitator(s)
Wednesday (5/13/2020)		<i>The Zoom link below will be the sign-in link for the day.</i>	
		<p><i>MFP AAMFT is inviting you to a scheduled Zoom meeting.</i></p> <p><i>Topic: Doctoral Training Institute Day 1</i> <i>Time: May 13, 2020 11:00 AM Eastern Time (US and Canada)</i></p> <p><i>Join Zoom Meeting</i> https://aamft.zoom.us/j/93629269098</p> <p><i>Meeting ID: 936 2926 9098</i> <i>One tap mobile</i> <i>+13017158592,,93629269098# US (Germantown)</i> <i>+13126266799,,93629269098# US (Chicago)</i></p> <p><i>Dial by your location</i> <i>+1 301 715 8592 US (Germantown)</i> <i>+1 312 626 6799 US (Chicago)</i> <i>+1 646 876 9923 US (New York)</i> <i>+1 408 638 0968 US (San Jose)</i> <i>+1 669 900 6833 US (San Jose)</i> <i>+1 253 215 8782 US (Tacoma)</i> <i>+1 346 248 7799 US (Houston)</i> <i>877 369 0926 US Toll-free</i> <i>877 853 5247 US Toll-free</i> <i>Meeting ID: 936 2926 9098</i> <i>Find your local number:</i> https://aamft.zoom.us/j/93629269098</p>	
11:00 a.m.-11:30 a.m.	Welcome and Updates		
11:30-1:00 p.m.	<i>Journey from PhD and MDP to Now-Lessons Learned</i>		Dr. Damir Utrzan, LPC, LMFT
1:00 pm - 1:30 pm	Break		
1:30 pm - 2:00 pm	AAMFT Executive Director		Dr. Tracy Todd



2:00-5:00 p.m.	<i>A Gentle Introduction to Testing Mediation and Moderation</i>		Dr. Jared Durtschi
2:00-5:00 p.m.	<i>Courageous Conversations and Being Yourself in Leadership</i>	<p>(For returned Fellows only)</p> <p>MFP AAMFT is inviting you to a scheduled Zoom meeting.</p> <p>Topic: Day 1 w/Dr. Argie Allen-Wilson Time: May 13, 2020 02:00 PM Eastern Time (US and Canada)</p> <p>Join Zoom Meeting https://aamft.zoom.us/j/96300136475</p> <p>Meeting ID: 963 0013 6475 One tap mobile +13017158592,,96300136475# US (Germantown) +16468769923,,96300136475# US (New York)</p> <p>Dial by your location +1 301 715 8592 US (Germantown) +1 646 876 9923 US (New York) +1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston) +1 408 638 0968 US (San Jose) +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) 877 853 5247 US Toll-free 877 369 0926 US Toll-free</p> <p>Meeting ID: 963 0013 6475 Find your local number: https://aamft.zoom.us/u/aB3KNj5bC</p>	Dr. Argie Allen-Wilson
5:00-5:30 p.m.	Break		
5:30-6:30 p.m.	MFP Re-Application Process		
Thursday (5/14/2020) (Day 2)		<i>The Zoom link below will be the sign-in link for the day.</i>	
		<p>MFP AAMFT is inviting you to a scheduled Zoom meeting.</p> <p>Topic: Doctoral Training Institute Day 2 Time: May 14, 2020 10:30 AM Eastern Time (US and Canada)</p> <p>Join Zoom Meeting https://aamft.zoom.us/j/93898805389</p> <p>Meeting ID: 938 9880 5389 One tap mobile</p>	



**AAMFT
RESEARCH &
EDUCATION
FOUNDATION**

		<p>+13017158592,,93898805389# US (Germantown) +16468769923,,93898805389# US (New York)</p> <p><i>Dial by your location</i> +1 301 715 8592 US (Germantown) +1 646 876 9923 US (New York) +1 312 626 6799 US (Chicago) +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 408 638 0968 US (San Jose) 877 853 5247 US Toll-free 877 369 0926 US Toll-free</p> <p>Meeting ID: 938 9880 5389 Find your local number: https://aamft.zoom.us/j/95197159987</p>	
10:30 AM–11:00 AM	Safe Space		Dr. Stephanie Brooks
11:00-2:00 p.m.	<i>Socioculturally Attuned Family Therapy: Guidelines for Third Order Thinking and Praxis.</i>		Dr. Maria Bermudez
2:00-3:00 PM	Break		
3:00-6:00 PM	Fellows Research Presentations (12)		Lawrence Jackson Lawrencia Jenkins Jennifer Torres Rachel Moore
			10 Minute Break
			Phillip Davis Jetlexis Carlos Katelyn Coburn Kayla Burningham
			10 Minute Break
			Jacobie Robinson Michael Curtis Molly Bailey Natira Mullet
Friday (5/15/2020) (Day 3)		<i>The Zoom link below will be the sign-in link for the day.</i>	
		<p>MFP AAMFT is inviting you to a scheduled Zoom meeting.</p> <p>Topic: Doctoral Training Institute Day 3 Time: May 15, 2020 11:00 AM Eastern Time (US and Canada)</p> <p>Join Zoom Meeting https://aamft.zoom.us/j/95197159987</p>	



		<p><i>Meeting ID: 951 9715 9987</i> <i>One tap mobile</i> <i>+13017158592,,95197159987# US</i> <i>(Germantown)</i> <i>+16468769923,,95197159987# US (New York)</i></p> <p><i>Dial by your location</i> <i>+1 301 715 8592 US (Germantown)</i> <i>+1 646 876 9923 US (New York)</i> <i>+1 312 626 6799 US (Chicago)</i> <i>+1 346 248 7799 US (Houston)</i> <i>+1 408 638 0968 US (San Jose)</i> <i>+1 669 900 6833 US (San Jose)</i> <i>+1 253 215 8782 US (Tacoma)</i> <i>877 853 5247 US Toll-free</i> <i>877 369 0926 US Toll-free</i></p> <p><i>Meeting ID: 951 9715 9987</i> <i>Find your local number:</i> https://aamft.zoom.us/j/abTlREc54R</p>	
11:00-1:00 p.m.	<i>The Multigenerational Transmission of Sexual Mass Trauma and the Navigational System of Compassionate Love among Black Couples</i>		Dr. Josiane Apollon
1:00-1:30 p.m.	Break		
1:30-3:30	<i>Opportunities: How to conduct research and work with underserved populations both within academia and within the community.</i>		Dr. Heather Laird
3:30-4:30	Break		
4:30-7:00	Fellows Research Presentations (12)		Brandon Hollie Dara Herbert Debbie Manigat Tyrone Grandison
			10 Minute Break
			Victoria Chiu Lorin Kelly Marcos Rosa Melissa Yzaguirre
			10 Minute Break
			Patricia Huerta Gift Nleko Phillip Thompson Samantha Simpson



**AAMFT
RESEARCH &
EDUCATION
FOUNDATION**

Saturday (5/16/2020) (Day 4)		<i>The Zoom link below will be the sign-in link for the day.</i>	
		<p><i>MFP AAMFT is inviting you to a scheduled Zoom meeting.</i></p> <p><i>Topic: Doctoral Training Institute Day 4</i> <i>Time: May 16, 2020 11:00 AM Eastern Time (US and Canada)</i></p> <p><i>Join Zoom Meeting</i> https://aamft.zoom.us/j/93716227257</p> <p><i>Meeting ID: 937 1622 7257</i> <i>One tap mobile</i> <i>+13017158592,,93716227257# US (Germantown)</i> <i>+16468769923,,93716227257# US (New York)</i></p> <p><i>Dial by your location</i> <i>+1 301 715 8592 US (Germantown)</i> <i>+1 646 876 9923 US (New York)</i> <i>+1 312 626 6799 US (Chicago)</i> <i>+1 669 900 6833 US (San Jose)</i> <i>+1 253 215 8782 US (Tacoma)</i> <i>+1 346 248 7799 US (Houston)</i> <i>+1 408 638 0968 US (San Jose)</i> <i>877 853 5247 US Toll-free</i> <i>877 369 0926 US Toll-free</i> <i>Meeting ID: 937 1622 7257</i> <i>Find your local number:</i> https://aamft.zoom.us/u/adfnFqKgwx</p>	
11:00 a.m.-12:30	<i>Cultivating Pride and Joy with Youth and Families in Transition</i>		Dr. Elijah Nealy Part I
12:30-1:00 p.m.	Break		
1:00-2:30	<i>Cultivating Pride and Joy with Youth and Families in Transition</i>		Dr. Elijah Nealy Part II
2:30 PM – 2:45 PM	Presentation and Appreciation for Dr. Brooks		MFP Staff
2:30-4:00	Break		
4:00-6:00 pm	<i>Panel-The Intentional Practitioner</i>		Panel: Monique Wills Moderator: Heather Laird & Elijah Nealy & Maria Bermudez & Damir Utrzan

2020 Doctoral Training Institute Presenters



Dr. Damir S. Utrzan, Ph.D., M.S., LMFT

Damir S. Utrzan, Ph.D., M.S., LMFT is treatment director of an Intensive Residential Treatment Services facility operated by the Minnesota Department of Human Services. He is a Licensed Marriage and Family Therapist and Board-Approved Clinical Supervisor. Dr. Utrzan was born in the former Yugoslavia and lived in Germany for ten years with his parents before being deported and applying for asylum to the United States. He completed fellowship training on the intersection of psychological trauma and human rights in the Department of Pediatrics at the University of Minnesota Medical School. Dr. Utrzan has a doctorate in family social science; couple and family therapy specialization with a human rights minor, from the University of Minnesota. He has a master's degree in marital and family therapy from Northwestern University. Dr. Utrzan also has a bachelor's degree in psychology; with double minors in human development and philosophy, from Rockford University. He serves as a consulting scientist and grant reviewer to the Office of Refugee Resettlement with Administration for Children and Families in the United States Department of Health and Human Services. Dr. Utrzan has authored peer-refereed journal articles and book chapters while also presenting at professional organizations, such as the American Immigration Lawyers Association and Pennsylvania Department of Human Services. He has gained a well-earned reputation for conducting sensitive and thorough asylum evaluations in the United States.



Dr. Argie J. Allen Wilson, Ph.D., MFT

With over 20 years' experience as a Relationship Therapist Dr. Argie Allen-Wilson is the former Director of Clinical Training at Drexel University's Couple & Family Therapy Department and the founder and CEO of her private practice F.A.I.T.H. Inc. (Family and Individual Therapeutic Healing). Also, Dr. Allen-Wilson is the Co-founder & CEO of Connections Matter LLC along with her husband. She is the author of her first book *Courageous Conversations Connect (A Pathway To Reset Your Mindset With Intentional Thoughts From The Inside Out)*. Prior to her appointment as Director of Clinical Training at Drexel University, she received her Doctor of Philosophy degree in Couple & Family Therapy in 2009 from Drexel University and her Master of Family Therapy degree in Marriage & Family Therapy from Drexel University (formally Hahnemann University) in 1998. Dr. Argie Allen-Wilson is also a former Assistant Director of Training for the Post-Master's Certificate Program, Co-Director of the Anger Management program and a full-time clinical practitioner working with individuals, couples and families at Council for Relationships in the University City section of Philadelphia. Dr. Argie Allen-Wilson has served as an adjunct professor at Palmer Theological Seminary Teaching Supervision of Marriage & Family Studies in their Doctorate of Ministry Program and has taught as an adjunct professor at Drexel University Couple & Family Therapy Master's Program and Psychology Undergraduate Programs. She has also served as a faculty member for the Multi-Cultural Institute and served as a regular presenter in round table discussions at their Annual Culture Conferences.



Dr. Maria Bermudez, Ph.D., LMFT

Dr. Maria Bermudez is an AAMFT clinical fellow, approved supervisor and a long-term friend and supporter of the MFP. She was a founding member of the MFP advisory board and served in this capacity from 2008-2011. Deeply rooted in our field, she graduated from the MFT programs at Purdue University Northwest and Virginia Tech, and taught at Texas Tech and the University of Georgia, where she has been an associate professor for 14 years.

At UGA, she is an affiliate faculty with the Institute for Women's Studies, Latin American and Caribbean Studies, and the Qualitative Graduate Certificate program. She is also a Research Scientist Member of the National Hispanic Science Network.



Dr. Bermudez has focused her career on strength-based, developmental, intersectional, and contextual factors among minoritized groups. She has published over 60 publications in peer review journals and book chapters and has conducted over 100 professional presentations in our field. Her research focuses on strengths among mixed-status Latinx families and communities. Her areas of expertise are feminist informed qualitative research such as heuristic inquiry and community-based participation research. Other research and clinical interests include feminist informed narrative therapy and decolonizing and critical consciousness in CMFT.

She serves on 6 editorial boards and is co-author of the book, *Socioculturally Attuned Family Therapy: Guidelines for Equitable Theory and Practice*, with 2 intersectionality books currently in press, one of which is in Spanish. She is passionate about mentoring students and helping them develop their own theories of therapy and programs of research.

Dr. Josiane Apollon

Born and raised in Paris, France, Dr. Josiane Bonté Apollon is a Relationship researcher and 2016 MFP Fellow of the American Association for Marriage and Family Therapists and Substance Abuse Mental Health Services Administration. Formally trained in family therapy, she earned her Master in Mental Health Counseling from the University of Miami and her PhD in Marriage and family therapy from Nova Southeastern University, in Davie, FL. Dr. Josiane holds a license in mental health counseling, certifications in Structural Equation Modeling (SEM), clinical hypnosis, Integrative Coaching, and Strategic interventions, and has been mentored by Cloe Madanes, co-founder of Strategic Family Therapy, and also trained by Master Relationship Builder Hedy Schleifer in couple therapy to promote healthier relationships.

Dr. Josiane is a national and international speaker who presented in local radios, churches, schools, and universities. With a rigorous training in Systems thinking mixed with her spiritual essence, Dr. Josiane helps individuals, couples, and families in conflicts, with emotional and behavioral shifts, life transitions, identity, relationship transformations, and LGBTQ integration.

Dr. Josiane believes that compassionate love can transform the world for the wellbeing of all relationships. With over 20 years of professional experience, and 34 years of marital experience, Dr. Josiane coaches and teaches her Love approach to hundreds of couples, families, and organizations for the integration of spirit, mind, and body balance and harmony.



Dr. Heather Laird, Ph.D.

Dr. Laird is the Founder, President and Director of the Center for Muslim Mental Health and Islamic Psychology affiliated with the University of Southern California. She is also Managing Director of HRL Consulting. She holds a Doctorate of Psychology with a specialization in Marriage and Family Therapy, a Master's in Clinical Psychology with a specialization in Marriage and Family Therapy and Master's in Public Administration and Nonprofit Management. She has further specializations and training in Trauma-informed therapies, Energy Psychology and Sex Therapy, Grief and Loss, Body Image and Eating disorders and EMDR, and hosts Muslims and Mental Health on YouTube. She hosts MH90 – Mental Health in 90 seconds podcast. She is a former adjunct professor for TCS in Public Health and Marriage and Family Therapy for graduate students and Doctoral candidates. She received a commendation from Mayor Eric Garcetti (2018) for her work in mental health in the Muslim community, a commendation from Los Angeles City Council for her contributions to the American Muslim Heritage(2019), and was recently named in a Congressional House resolution H.R. 267 for her historical contributions to health in the American Muslim community (2019). She was awarded the Community Changemaker Award by MPAC (2017). She was a 2015-2016 AAMFT Doctoral Fellow of the Minority Fellowship Program and a 2016-2017 Albert Schweitzer Fellow. She has been awarded the Global Psychology Award (2015 & 2016) and the Community Partnerships Award (2016) and Community Service Learning Award for teaching (2018). She serves on both the UsCC EE/ME subcommittee and FBAC for the Department of Mental Health Los Angeles.



Dr. Elijah Nealy, Ph.D., M.Div., LCSW

For the past 25 years, Elijah C. Nealy, PhD, M.Div., LCSW has worked extensively with LGBTQ adolescents and adults in both pastoral and social service capacities. Currently assistant professor of social work at the University of Saint Joseph, CT, he provides trainings in health and mental healthcare settings and clinical consultation around work with transgender and gender-variant children, youth, and adults. His clinical practice has focused on transgender and gender diverse youth and their families. Ordained with Metropolitan Community Church, Elijah also preaches and provides workshops for faith communities and other organizations. An out trans man and author of *Transgender Children and Youth: Cultivating Pride and Joy with Families in Transition* [Norton 2017], he lives in Connecticut with his partner and is the proud father of three amazing young people.



Dr. Monique Willis, Ph.D.

Dr. Monique Willis is an Assistant Professor at California State University, Dominguez Hills, in the Marital and Family therapy department. Concurrently, she is a licensed clinician and maintains a small private practice. Dr. Willis is a graduate of Loma Linda University, with both an M.S. and Ph.D. in Marriage and Family Therapy with an emphasis on medical family therapy. During her time at Loma Linda University, she was an AAMFT minority fellow. She retains membership with both AAMFT and CAMFT and is an AAMFT approved supervisor.

Her work as an assistant professor reflects her commitment to educating and supervising students working towards licensure in marriage and family therapy in the state of California. Her training focuses on clinical competence, wellness, and self-of the therapist. Additionally, Dr. Willis strives to ensure that marriage and family therapists aid in providing culturally sensitive treatment for minority and underprivileged families.

Dr. Monique Willis has over 15 years of experience working with individuals, couples, and families. Her work and research centers on supporting individuals and caregivers of persons diagnosed with chronic health conditions. Her current research, presentations, and publications bridge her clinical interest and encompass matters of chronic diseases, health disparities, power, culture, family, caregivers, and intimate relationships. She endeavors to address socio-cultural issues that impact overall well-being. She employs a holistic approach to therapy that incorporates all aspects of an individual- body, mind, spirit, and social connections. In her free time, Dr. Willis enjoys her family, yoga, meditation, and running to achieve wellness and balance.



Dr. Jared Durtschi, Ph.D.

Dr. Jared Durtschi is an Assistant Professor of Marriage and Family Therapy at Kansas State University, joining the KSU program in 2011. He completed a BS in psychology from Brigham Young University, a MS in Marriage and Family Therapy (MFT) from Purdue University Calumet, and a PhD in MFT from The Florida State University. Dr. Durtschi is a current member of the American Association for Marriage and Family Therapy (AAMFT) and the National Council on Family Relations (NCFR). At KSU, he teaches a course on structural equation modeling, solution-focused therapy, emotionally focused couples' therapy, and narrative therapy. He provides individual and group clinical supervision to masters and doctoral level students. His research and clinical interests center on romantic relationships and family processes. His research is guided by family systems theory and life course theory. Dr. Durtschi studies couples and families by analyzing longitudinal, dyadic data using quantitative methods, with large data sets to further his program of research.

He is also gathering longitudinal dyadic data from couples in the Military. Dr. Durtschi is externally funded through subcontracts with the Air Force, and a past project with the Kansas Department of Children and Families. Dr. Durtschi enjoys mentoring graduate students in research at K-State, and contracts with his national organization (AAMFT) to provide statistical and methodological consulting to 25 doctoral students in MFT programs around the country each year for the past 3.5 years. He has received a College-wide award for teaching and mentoring students. His research centers on two general themes: Understanding romantic relationships and processes across time during (a) emerging adulthood, (b) early stages of marriage, and (c) the transition to parenthood. He is particularly interested in studying predictors of relationship quality and stability. Examining family processes and links between how parents' romantic relationship is linked with parenting behaviors and child outcomes.

Dr. Durtschi grew up in many different locations in the U.S., Canada, and Europe. He has been married for 12 years and has two sons and a daughter.



Dr. Stephanie Brooks, Ph.D., LCSW, LMFT

Stephanie Brooks, PhD is a clinical professor in the College of Nursing & Health Professions at Drexel University. She is the Associate Dean for Academic Health Professions Programs, Interim Program Director PhD in Couple and Family Therapy. She is a licensed couple and family therapist and clinical social worker, Clinical Fellow in the American Association for Marriage and Family Therapy (AAMFT), AAMFT Approved Supervisor and Commissioner for the Commission on Accreditation for



AAMFT
**RESEARCH &
EDUCATION**
FOUNDATION

Marriage and Family Therapy Education. Brooks is currently the Executive Program Consultant for the AAMFT Minority Fellowship Program.

Brooks has been at Drexel University (formerly MCP Hahnemann) since 1995. Currently, she is associate dean for Academic Health Professions. Prior to her 23-year career at Drexel, she held numerous clinical training director positions in healthcare and educational settings. Her clinical and scholarly interests include: outcome based education, supervision and training, cultural diversity specifically African American families and adolescents, Person of the Therapist Training, ADHD and couple therapy, families impacted by addiction and behavioral health and family violence. Brooks maintains a small private practice in Philadelphia.